Course Syllabus Interpersonal Relationships Corsica High School

Course Description

Interpersonal Relationships is a semester course for 11th and 12th grade students, no prerequisite, designed to provide students basic skills to demonstrate respectful and healthy relationships. In this course, students will analyze personal needs, improve communication skills, and develop conflict and stress management skill that guide behavior in the family, workplace, and community.

Topics that will be covered in this course are:

- ✓ Personality
- ✓ Communication
- ✓ Relationships of all Types
- ✓ Marriage
- ✓ Crisis

Instructional Philosophy and Delivery Plan

Students will be expected to meet all of the course goals listed below and be able to demonstrate their understanding of the basic concepts of each topic area. Students will complete all course requirements at a minimum of 70% level of specified quality to pass the course.

Instruction will focus on engaged learning activities as well as projects, lecture, discussion, guest speakers, use of technology, and other methods. Students will have the opportunity to work individually and as a member of a team. Learning activities will require students to use academic skills in language arts. FCCLA projects will be integrated into this course to enhance and promote the mastery level of competency for technical and academic standards.

Students assessment will be based upon group work and/or individual completion of projects, presentations, written reports, tests on concept knowledge and demonstration of transferable (work related) skills.

Community resources will be accessed through speakers, field trips, student contacts, and technology.

Course Goals

By completing this course, students will achieve the following content standards:

- (3.3) Analyze family development and change across time and culture. (3.3.3)
- (4.1) Analyze functions and expectations of various types of relationships. (4.1.1, 4.1.4, 4.1.5)
- (4.2) Analyze personal characteristics, needs and behavioral standards, which influence relationships. (4.2.1, 4.2.2, 4.2.4)
- (4.3) Demonstrate communication skills that contribute to positive relationships. (4.3.2, 4.3.4, 4.3.5)

- (4.4) Evaluate strategies to prevent and manage conflict. (4.4.1, 4.4.2, 4.4.3)
- (4.5) Demonstrate teamwork and leaderships skills in the family, workplace, and community. (4.5.1, 4.5.2, 4.5.3)

Transferable Work Skills

Foundations Skills

Basic Skills: Reading, Speaking, Listening, Writing

Thinking Skills: Reasoning, Decision Making, Solving Problems

Personal Qualities: Individual Responsibilities, Self-Esteem, Sociability,

Honesty/Integrity Competencies

Interpersonal Skills: Working in Teams, Interpreting and Communicating

Major Course Projects

Students will demonstrate their skills by completing the following projects:

Use a personality assessment tool to identify character traits. Research and put together plans for a wedding, using various technology. Explore the area of crisis management.

Assessment Plan

The students will be assessed in a variety of ways, such as the use of checklists, essays, tests, fill in the blank tests, demonstrations, matching quizzes/tests, short answer exams, worksheets, written critiques, discussions, presentations/speeches, brochure, multimedia presentations, observation, budgets, group projects, and rating scales. Points will be awarded to each of the activities they will be graded on.

COURSE GOALS AND TECHNICAL STANDARDS	LINKS TO ACADEMIC CONTENT STANDARDS
Students will:	
3.3 Analyze strong, healthy families. 3.3.3 Examine the role of family communication to enhance family	Language Arts Goal 2.1 (c)
stability. 4.1 Analyze functions and expectations of	Goal 3.1 (b,c)
various types of relationships.	Goal 3.3 (b,c)
4.1.1 Identify characteristics of respectful,	Goal 4.1 (a,b,c)
healthy relationship.	Goal 4.2 (c)
4.1.4 Describe the impact of various stages	Goal 4.3 (c)
of the family life cycle on interpersonal	
relationships.	Math
4.1.5 Recognize stress management strategies for personal, family and work relationships.	None

4.2 Analyze personal characteristics, needs and behavioral standards, which influence relationships.

- 4.2.1 Examine the impact of personal characteristics on relationships.
- 4.2.2 Explain how self-esteem and self-image affect relationships.
- 4.2.4 Examine the effect of personal needs on relationships.

4.3 Demonstrate communication skills that contribute to positive relationships.

- 4.3.1 Examine communication styles and their effects on relationships.
- 4.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.
- 4.3.4 Demonstrate effective listening and feedback techniques.
- 4.3.5 Apply ethical principles in communication.

4.4 Evaluate strategies to prevent and manage conflict.

- 4.4.1 Identify characteristics of respectful, healthy relationships.
- 4.4.2 Determine causes of conflict.
- 4.4.3 Determine effective conflict prevention and management.

4.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.

- 4.5.1 Demonstrate strategies that encourage and respect the ideas, perspectives, and contributions of all group members.
- 4.5.2 Demonstrate techniques that develop team and community spirit.
- 4.5.3 Demonstrate ways to organize and delegate responsibilities.

Science

None